

Life

Sunday

The Sun-Herald Magazine

If our reading habits are anything to go by, Australians have overdosed on politics and power wrangles and are obsessed with homes, holidays and health. "The political and non-fiction focus following 9/11 and Afghanistan has now shifted towards lifestyle: cooking, leisure, travel, biographies, style and self-improvement books such as Tricia Brennan's *Looking Beyond The Mirror*," says Katrina Hampton of Berkelouw Books. "There is also the new StyleCity series of glossy, compact travel books with striking photographs. The most popular are New York, Barcelona and San Francisco."